

Do you know the warning signs for suicide?

Speak up and reach out to a friend in need.



UCSD Students:

Counseling & Psychological Services (CAPS)
(858) 534-3755
caps.ucsd.edu

UCSD Staff and Faculty:

Faculty/Staff Assistance Program (FSAP)
(858) 534-5523
FSAP on BLINK

If you or someone you know is depressed, worried or feels like there is no way out, call for help. You are not alone. Help is available. **Access & Crisis Line (888) 724-7240**

Up2SD.org/yourlife

LINK UP FOR INFORMATION AND MENTAL HEALTH RESOURCES



Photography is for illustrative purposes only and persons depicted are models.



AdEase

VERSION: FNL

DATE: 10.15.12

JOB: 12-SPSR-0769

BLEED: .25

PROGRAM: InDesign

TRAFFIC: SM

TRIM: 11 X 17

FILE FORMAT: PDF

AE: Leah

LIVE:

COLOR: CMYK

DESIGNER: Derek

SIGNATURES:

AD	WRITER	DESIGNER
AE	PROD	PROOFING

170 Laurel Street
San Diego, Ca 92101
tel. 619.7542191
fax 619.754.2191
Notes:

PUB DATE: xx.xx.xx